



Veterans Day
Nov. 11, 2022

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USS HENRY L. STIMSON ASSOCIATION SSBN655 NEWSLETTER

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**REUNION CONTROL CENTER
2023 Stimson Reunion
October 11-15, 2023
Charleston SC**

**Hilton Garden Inn (Summerville SC)
[information and directions to the hotel venue
are on the [Reunion #12 Webpage](#)**

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2023 Reunion Chairman - [Harry Nettle](#), QMCM(SS) G COB 91-92, USSVI Charleston Base, Holland Club:



As I noted in the last newsletter, I have signed the hotel contract for the 2023 Reunion.

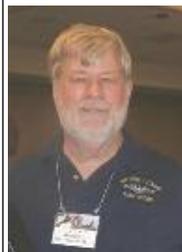
I stated my goal was to have the registration form to you in two weeks or less...AND THAT HAPPENED!!! All of you should have received an email from the Reunion Secretary with the form attached. The registration form has been posted on the website for a couple of weeks.

I am very pleased to say we already have 4 couples (8 people) registered for the reunion. Some of these have already made their hotel reservations.

The Registration Form is on the last two pages of this newsletter and will hold that spot in all newsletters until the reunion.

Make your plans, send in your registration, reserve your room and get ready to enjoy some good old Southern hospitality. Your shipmates from this area are looking forward to you and your family visiting us next year!!!

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From the Association President - [Tom Krauser](#), MM1(SS) B 72-74:

Hope everyone had a good Halloween and will have a great Thanksgiving. We always have Thanksgiving at Marie's sister's house and it is usually a good crowd.

So far, we have been lucky to not get Covid but continue to be careful in public and have had all boosters including the new one. Almost everyone around us has had it, some more than once, so we consider ourselves lucky so far.

Trying to plan a trip after Thanksgiving to see our daughter Amy in Baton Rouge LA and then my family in south Texas. Planning to fly to New Orleans and rent a car there.

MMCM(SS) Wilbur Cook Harris B 78-81

Eternal Patrol September 7, 2022

[reported by USSVI]

??(SS) Mark Everett Arrowsmith ? ??-??

Eternal Patrol October 25, 2022

[reported by Legacy.com]

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The direct link to the Association Eternal Patrol page is: <http://ssbn655.org/eternal-patrol/eternal-patrol.html>



WELCOME ABOARD: Found & Updated Shipmates

(Shipmate has contacted us to be added or have info updated on our Sailing List. Please check the online Sailing List for shipmates contact info.)

NOTE: MANY THANKS TO DON ORT, MM1(SS) G/OVHL1/G 69-74, FOR THE EFFORTS HE IS MAKING TO LOCATE OUR STIIMSON SHIPMATES WHO ARE ON OUR SAILING LIST BUT WITH NO EMAIL ADDRESS.

EM1(SS) Anthony K. Czarnecki G 66-70 Plank

Tony has been removed from the Eternal Patrol List and returned to active status. An error was made that incorrectly identified him as being On Eternal Patrol. (Imagine his surprise when he read on the website that he was no longer going to have to pay taxes.)

[info updated by member]

LCDR Mark Nault B 89-91 [NAV]

[info updated by member]

STS2(SS) Glen Spencer Hatfield G/SY1 70-73

[info updated by member]

[found from being listed in the last newsletter]

BINNACLE LIST UPDATES: If you know of a shipmate who should be on the binnacle list please let me know. I will contact the shipmate for

permission to add them to this list. I only add those who have given permission.

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Lloyd Hyatt, MT2(SS) B 73-76

Cards to: 134 Coral Way, Jacksonville Beach FL 32250

NO NEW UPDATES

7.26.22: Email from Lloyd: I have been diagnosed with Leukemia {AML}. Treatment (17 doses of chemotherapy) hasn't helped. AML can be a result of exposure to radiation, which all of us were. Especially the MT's that had to go inside of the missile. Has anybody else been diagnosed with this disease? If you would like to contact me, please email me at wwwlloyd@aol.com or jaxbeachlloyd@gmail.com or call me at 904-631-0029.

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John Cole, LT [CDR Ret] B AWEPS 78-80 [E1-E9 & O1E-CDR Ret.]

Cards to: 2523 E 2830 S, St George UT 84790-4744

NO NEW UPDATES

4.30.2022: Email from John; COPD, Aspiration Pneumonia, Cardiac Arrest & Parkinson's Disease! Agent Orange And Other Carcinogens Finally Caught Up With Me It Seems!

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Ron Hyson, STS1(SS) B 70-75, Assoc. Life Member, USSVI Hampton Roads Base, Holland Club, STSCM(SS) Retired

Cards to: 3425 MacDonald Rd., Virginia Beach VA 23464

NO NEW UPDATES

3.14.2022: Email from Ron: I wanted to let you know that I was diagnosed last month with Alzheimer's. Do you know of anyone else on the boats that also has this disease? I was thinking this might be connected with Amine that was used on the boats. My short term memory is shot and there is no cure for Alzheimer's. I have another doctor's appointment Thursday, will let you more of my diagnosis. Our world has been turned upside down. Take Care, RG

2023

Biggest increase since 1981 will boost average retirement benefit by \$146

By Andy Markowitz, AARP

October 13, 2022

The Social Security Administration (SSA) announced an 8.7 percent cost-of-living adjustment (COLA) for 2023, the largest inflation-fueled increase in benefits in more than 40 years. Starting in January, the average monthly Social Security retirement benefit will rise by about \$146, from approximately \$1,681 to \$1,827, according to the SSA.

READ MORE

The Computer Corner

By: Tom Krauser, MM1(SS) Blue 72-74, Assoc. Life Member

Backing Up Files Using RoboCopy

I used to use XCOPY to backup files to an external drive, however, XCOPY started failing when the file path exceeded a certain length and all the files would not copy. It would give me an “out of memory error” which I researched and found that that meant a file path/name was too long.

I then switched over to RoboCopy and now I can backup all my files again. I create a simple DOS batch file which I can run whenever I want to update the files on the backup external drive.

This will take you through the steps to create the DOS batch file and run it to backup your files to an external backup drive. The external backup could be an external hard drive or a USB Flash Drive. If using a USB Flash Drive make sure it has enough capacity and it should be 3.0 or greater. USB 3.0 copies files 10x faster than 2.0 drives. This assumes you are plugged into a 3.0 USB port on your computer which most newer computers have.

- To create a DOS batch file open Notepad to create a text file.
- Right click on the Desktop then select New then select Text Document.
- Copy the following text to the new text document (**All of the following text is on a**

single line in the text file)

```
C:\Windows\System32\Robocopy.exe  
"C:\Users" "E:\%ComputerName%  
_Backup\Users" /XO /E /  
MAXAGE:20131030 /XA:SH /XD "All Users"  
"AppData" "Application Data" "Local  
Settings" ".*" "Microsoft" "Download"
```

Assume backup drive letter is E: but use whatever drive letter your backup drive or USB is.

The %ComputerName% will use the system name of your computer then add “_Backup” to it to create a backup folder for your computer (For example: MyComputer_Backup). Thus, other computers backing up to the external drive will get the name of that computer plus “_Backup”.

A couple of the “switches” for the RoboCopy command above may need a little explanation:

/XO allows not copying a file if the destination file is “newer” than the source file.

/E copies sub directories even if they are empty.

/MAXAGE excluded files older than the number of days specified.

The **/XA** switch looks at the file attributes when copying them. The **SH** tells RoboCopy not to copy “system (S)” or “hidden (H)” files since these are not generally “user” files. There are other file attributes that could be excluded but would generally not be included for this type of backup.

The **/XD** switch followed by text strings will “exclude folders” with those names from being backed up. For example we are excluding the folders with the names in quotes after the **/XD** switch because they do not contain normal “user” files but mostly system files which most users do not need to backup.

Note: Not including the /XD switch will backup everything under the “Users” folder.

If you want to delete files on the backup drive that no longer exist on the source drive add the **/PURGE** switch to delete files on the backup drive that are not on the source drive. If you want the backup to be “identical” to the source by removing files that have been deleted on the source drive then include this switch.

To have the backup “pause” and not close after it completes the backup add the following line after the line above.

Pause

This allows you to scroll up and see files that were backed up or purged. Only new files from the source drive will be backed up to the backup drive. Files that have not been changed will not be backed up.

The above only backs up files under the “Users” folder but you can create a batch file to backup any folders you want. For example I have a batch file to backup my “Family Tree Maker” folder to the backup drive or maybe to a USB drive. Just make a copy of the batch file then edit it to modify the source and destination paths to backup whatever you desire.

After you have created the text file above create a DOS batch file as follows:

- Click “File” then “Save as”
- Change “Save as type” to “All files”
- Under “File name” type the desired name of the file plus “.bat” (without quotes).
- For example: Backup_Users.bat
- This makes it a DOS batch file.
- Click Save to save the file.

On your Desktop you will now have a file called Backup_Users.bat

To run the file as an Administrator you can right click on the file then choose “Run as Administrator” or you can create a Shortcut which you can set to Run as Administrator automatically. You may need to run the file as an administrator so it has access to all of the other user files.

To create a Shortcut:

- Right click on the Desktop then select “New” then “Shortcut”.
- Under “Type the location of the item” select “Browse”
- Navigate to the file named above on your “Desktop” then select it.
- Click “Next”
- Give the shortcut a name then click “Finish”
- Find the shortcut on your desktop
- Right click on shortcut then select “Advanced”

- Check the box to “Run as Administrator”
- Click “Apply” then exit from the window.
- Ensure backup drive or USB is connected then double click the shortcut.

This will open up a DOS command window and the batch file should copy all the files that are new to the backup drive and then Pause after it completes for you to review what was done. Press any key when you are done reviewing the results to close the DOS command window.

The next time you run the backup it will only copy files that are new or changed since the last backup.



Additional Computer Corner

By: George Birmingham, ET1(SS), Gold '69- '74

Some handy websites you might not know about.

The Internet Archive or the WayBack Machine

Do you ever have that moment when you know you saw something on an Internet website, but when you go back to find it the item is no longer there? It's not your mind that is going, but rather the website has moved on to a new future. But there is a way to go back in time (***No ladies, not with Michael J. Fox***) and see the website as it existed at an earlier point in time. Just visit the Internet Archive, enter the website address and you will be presented with this page:



Enter the desired website address (URL) in the Search bar and hit GO. I used our association website in this example to get the following:



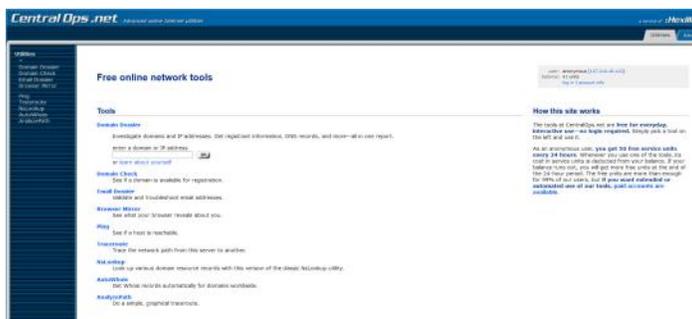
In 2022, our association website was archived twice, once on March 7th, and again on June 24th as noted by the blue dots on the calendar. Each time one snapshot was taken. If there are multiple snapshots taken at different times on a given day, then the blue circle will be larger in diameter. Click on the dot to see what's available. Once you click on a snapshot time, the website as it existed on that date will be displayed. Easy as pie.

The Internet Archive or The WayBack Machine

Not exactly a DeLorean, but the closest thing we have...!

Centralops.net

Do you ever get an e-mail from an address you do not know, or seen scans on your system or router from an unknown IP address? There is a way to investigate, anonymously, to see who the source of the contact is. The site is known as <https://centralops.net/co/>.



Here are the functions available:



WhatisMyIP

And finally, the IP address assigned to your PC or Laptop on your home network is not the one the world sees when you send an e-mail, or browse a website because your router hides that address and uses the address assigned to your router by your ISP (Internet Service Provider). So if you ever want to find out what that address really is, then browse to: <https://whatsmyip.com>, This is what you get back:



Public IPv4:	107.210.18.113	<h2>Your public IP Address</h2> <p>107.210.18.113</p> <p>Your IP Address »</p>
Country:	United States (US)	
Region:	North Carolina	
City:	Denver	
Zip:	28037	
Lat/Long:	35.4875/-80.9876	
Timezone:	America/New_York	

If you click on the [Your IP Address »](#) button, it will display a map of where it thinks you are based on your IP address.

In my case it probably found the AT&T switching center for my area, but you can try it for yourself and decide how close it comes.

If you use anything that needs to know your exact IP address, then this will be helpful.

That's all I have for now. If you have questions or comments, please feel free to e-mail me at subvet_ssbnet@bellsouth.net. I'll be glad to help if I can.

WWII fleet submarine built at Portsmouth Naval Shipyard to reopen at Pearl Harbor

By Kevin Knodell The Honolulu Star-Advertiser
Oct 25, 2022



The World War II era submarine USS Bowfin at Pearl Harbor on Oct. 11 2006.

Max Smith/Wikipedia

The World War II Fleet Submarine USS Bowfin will reopen to the public at Pearl Harbor on Saturday after returning from dry-dock maintenance.

The World War II Fleet Submarine USS Bowfin will reopen to the public at Pearl Harbor on Saturday after returning from dry-dock maintenance.

The 80-year-old submarine serves as an exhibit at the Pacific Fleet Submarine Museum. In September it was temporarily closed and towed from Pearl Harbor to Pacific Shipyards International at Honolulu Harbor for scheduled dry-dock maintenance.

Shipyard workers cleared the sub's hull of sea growth and removed old paint. After a series of inspections, the submarine's superstructure was repaired and reinstalled, and the hull got a fresh paint job.

"We are very excited for the return of the USS Bowfin to our campus and look forward to reopening her to the public, " said Pacific Fleet Submarine Memorial Association Executive Director Chuck Merkel. "We want to thank our museum visitors for their patience and understanding while the Bowfin was away. The inspections and repairs that were completed are essential to ensure the submarine remains safe and suitable for public display and will allow the Bowfin to tell her story far into the future."

Its previous dry-dock maintenance was completed in 2004.

Built at Portsmouth Naval Shipyard and christened on Dec. 7, 1942, one year after the Japanese navy's surprise attack on Oahu, Bowfin earned the nickname the "Pearl Harbor Avenger." Upon commissioning on May 1, 1943, it conducted nine war patrols in the Pacific theater during World War II where it targeted Japanese shipping lanes. The war took the Bowfin and its crew to the waters of the Philippines, Vietnam and the home islands of Japan itself.

It was decommissioned in 1947 but reactivated to serve during the Korean War. Afterward, the Bowfin served as a Navy Reserve training sub until it was finally decommissioned for good in 1971 and donated to the Pacific Fleet Submarine Memorial Association in 1979. The vessel opened to the public in April 1981 and was declared a National Historic Landmark in 1986.

The Bowfin is one of the best-preserved remaining Balao-class World War II submarines. It was used in 1987 as a floating set to portray three different submarines in the television miniseries "War and Remembrance."

USPS Warns Not To Use Their Blue Mailboxes

By Dave Basner October 27, 2022



The United States Postal Service has made mailing letters easy by placing their blue collection bins on thousands of streets and corners across America, allowing many customers to walk just a few blocks to send off their mail, rather than having to make a trip to the local post office. However, the USPS is now **warning would-be mailers** that the blue boxes might not be the best option.

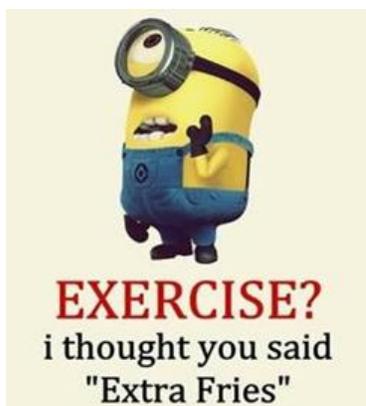
In a press release, the USPS explained that

the collection bins have become hot spots for criminals looking to steal identities or checks, especially at specific times and on specific days. The agency stated, "The biggest variable enticing these criminals to steal are customers depositing mail into blue collection boxes after the last collection of the day or during Sundays and federal holidays."

So, what should customers do? The USPS advises, "If customers simply used retail service or inside wall drop slots to **send their U.S. Mail**, instead of depositing it to sit outside overnight or through the weekend, blue collection boxes would not be as enticing after business hours to mail thieves for identity theft and check-washing schemes."

In a list of tips, they also suggest, "The **most secure way to send mail** is through the local Post Office retail counter. If that is not feasible, the next safest way is to use the inside collection slots that deposit mail directly into the Post Office. If using the Postal Service's outside blue collection boxes, never deposit mail after the last dispatch time. Each box has dispatch times printed on a label, and it will point you to the location for the latest pickup time in your area. Avoid depositing mail during the night, Sundays, and federal holidays."

As for if you happen to see someone who **doesn't look like a postal employee** rummaging through a collection bin, especially during non-postal work hours, they ask that you report it to your local police or call postal inspectors at 877-876-2455. To incentivize people to that and help curb mail theft, the **USPS is offering rewards of up to \$10,000** to those whose tips help catch the bad guys.



NEW COLUMN HOUSEHOLD HACKS

(If you have a hack to share send them to me and they will show up in our newsletters. Since I expect these to be sent by many contributors no credit will be given on who sent them.)

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9 Fun and Cheap Things to Do With Kids by **TwoKidsandaCoupon**

Looking for some cheap things to do with kids that won't break your budget? Here are some fun activities that you can do together that will mean a lot without costing a lot of cash.

Spending time together with your kids doesn't have to be expensive. My family started Two Kids and a Coupon as a way to share frugal tips and family time can be more affordable than you think. You don't have to spend lots of money to have quality time together. All you have to do is spend that time –together.

Today we're sharing some fun and affordable things you can do with your kids even if you don't have much of a budget.

Cheap Things to do With Kids

1. Play Together

While playing dolls or digging in the dirt for worms may not be your top idea of a good time, your kids love it and would be thrilled if you joined them. Just a few minutes of joining them to play on their level can mean a lot more than you think. The time will come where you have more interests in common and you can explore those interests together. In the meantime, cherish the countless tea parties and hide-and-go-seek that you have with them because it won't last long.

Need ideas for playtime together? Break out the craft bucket and get creative with fun craft ideas for kids or grab a cardboard box and turn it into an adventure with these fun cardboard box play ideas.

2. Go on New Adventures Together

Being there for as many "first-time" experiences with your child is a wonderful thing for parents to be a part of. Whether it's their first beach trip, picnic, hike, concert, professional sporting event, or camping trip, it doesn't matter

what it is. Your adventure can even be free! Go to the park, visit a zoo with free admission, or even explore your own hometown.

Being a part of each of those memories will allow them to look back on you fondly and remember that you were always there. So, don't allow those moments to always happen while you're away at work. Take the initiative and go on many new adventures with your children.

3. Dance with Them

When finding things to do with kids, you can get moving and have a great time too! Do you have a daughter or son that loves to dance? Maybe they don't even know that they love to do it yet! How about turning on some music for them and start dancing around the living room together? You can also take a Bluetooth speaker outdoors and move your dance party outside. But be warned, your children will probably have so much fun they will probably ask you to do this several days in a row.

4. One on One Time

Every opportunity that you get, try to spend some one-on-one time with each of your children. Go on "dates" with your children for time alone together. Even if it is just once a month, those date moments will be something that your children never forget. And if you happen to have several kiddos, you may have to pencil those dates in on the calendar, so that their special time isn't passed up or forgotten. Be sure to check out our fun mommy son dates and daddy daughter date ideas.

5. Help Them with Homework

Is your child struggling with math or another subject? Maybe you have a homework tool or suggestion that might help them understand the subject better? Don't feel like you have to give them the answer because that won't help them any. But spending time and helping your child with their schoolwork shows them what is going on in their life is important to you and that their success is something else that matters to you.

6. Enjoy a Meal as a Family

Did you know that according to a study done by Harvard, that having regular family dinners can

help kids by lowering their depression and anxiety? It also reduces the likelihood of substance abuse, eating disorders, tobacco use, and early teenage pregnancy. Kids who eat with their families regularly also have higher rates of resilience and higher self-esteem.

One of our favorite things to do with kids is eating as a family. You may not think much of it, but sitting down around the dinner table as a family is a wonderful way to create family unity and also a great opportunity for you to find out more about your children's day. Even if you can't do it every night due to co-parenting with other parents, or busy schedules, take time to eat together as often as you can. Need easy and kid-friendly meal ideas? Be sure to visit our food tab here.

7. Don't Be Afraid to Act Silly

Acting silly around your younger children is a language that they can relate to. It shows them just how fun their parents can be and that you are not afraid of what others think of you. And why should you? Don't hesitate to step out of your comfort zone for this one because it's something you'll never regret.

8. Listen to Them

Have you ever been busy with something and found yourself brushing your child off or completely ignoring what they were saying? We've all done it. But when your child sees that you're busy and are still willing to take time to listen to them and their needs or concerns, it builds a strong trust between the two of you. You're also showing that you care and just how much they mean to you. So the next time you find yourself wrapped up in a situation and your child approaches you, do your best to listen.

9. Read Before Bedtime

One of the best things that you could do with them before bedtime is read a bedtime story. And make sure that you use funny and ridiculous voices for each of the characters. Reading to them teaches your child the importance of reading and may even help them learn to read faster. It's a time that may allow them to open up and they will share with you, thoughts or questions they may

have.

Have bigger kids that can read on their own? Spend time reading your own items together. You can both enjoy your favorite books, and spend time together at the same time. After you get done reading, take time to discuss what you read together. Need some new books to read together? Don't miss these places to get free books for kids.

These are several practical and affordable things to do with kids. Many of them you may already be doing. They only require a bit of effort and time that you set aside for them. Need more ideas to do with bigger kids? Be sure to read our [30 ways to spend time together with your teen and tween](#).

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10 Things You Shouldn't Buy When You Are Struggling Financially

by Joyce Zahariadis

Are you struggling financially? Here are 10 things you shouldn't buy when struggling financially and getting your finances in the right direction.

One thing is for sure, 2020 has proven to us that things can change overnight. It hasn't been an easy year or experience for many.

Now, if you have been having issues managing your money before 2021 and continue to do so, the first thing you must do is reduce your spending and avoid spending on things you don't need.

[READ MORE HERE](#)

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Easy, Frugal, and Unique Uses for Leftover Tea Bags

by Alexis @ Chemistry Cachet

What better way to kick off the new year than with a post all about easy, unique uses for leftover tea bags?!

I drink more tea in winter than I do any other time of year, so we always have old tea bags being thrown away. Instead of throwing them out, here are some really fun ways to use them.

As usual, we have science based tips for you, so you can be sure you are getting the best and

most proven information out there. These aren't myths, but actual chemistry-based ideas.

I have also tried each one out to make sure they work

Here is the only guide you need for all those tea bags. Let's get started!

Easy, Frugal and Unique Uses for Leftover Tea Bags

Why would used tea bags be beneficial??

You might wonder why used tea bags would benefit anything. To understand this, all you need to do is learn the chemistry.

Inside a used tea bag is tea leaves along with some herbs or other substances used for flavoring. These tea leaves have been used before, but there is still components left in the leaves. In fact, the chemistry going on in one tea leaf is incredible and complex. Scientists have written books and research papers on tea leaves before.

For purposes of this article, we are going to focus on a few of these components. When it comes to your health, be sure to read [our article](#) about scientific reasons to drink tea. We focus on the aspects of tea that make it great for your health.

I have a section from the publication titled "Critical Reviews in Plant Sciences." On page 417 they start a detailed analysis of tea leaves. Along with proteins, amino acids, polyphenols, methylxanthines (our [article here](#) goes into details on this), there is also a very large amounts of vitamins and minerals. This is what makes used tea bags beneficial for other things.

According to this scientific study, tea leaves are:

rich in potassium

full of significant quantities of calcium and magnesium

contain small amounts of manganese, iron, phosphorous, copper, nickel, and sulphur

Source: Harbowy, M. (1997). Tea Chemistry. Critical Reviews in Plant Science

So, there is a lot of activity going on in tea leaves. Even after you use a tea bag, there is going to be components like this still lingering.

Here is how you can use it!

⇒ **Please note!! All of these ideas you read below are referring to leftover tea bags with actual tea leaves. This does not include herbal teas since they do not contain actual leaves from the tea plant. These ideas below are best with black or green tea.**

Uses for old tea bags in the garden:

The best way to take advantage of leftover tea bags is to start in the garden, yard, or flower beds!

Many of these aspects of tea leaves are very beneficial for all types of plants.

For using tea bags in the garden, be sure the tea bags are made from paper. Do not use plastic tea bags or ones that might have staples.

Plant Food

We have a post about this from last year. You can read more here! This can work for used tea bags or new ones. Cut open the tea bag and sprinkle around plants. All those vitamins and minerals help nourish the soil which nourishes your plants. I use leftover tea bags for potted flowers, flower beds, even the grass. This can work any time of year too.

Create Plant Water With Old Tea Bags

Take a bunch of old tea bags, brew them in a pot of water, allow to cool, then water your potted flowers. This leftover tea bag water is weaker than the tea you drink, but contains just enough nutrition to boost blooms. I talked to a lady who has done this for 30 years, and she swears by it for flower blooms!

Keep Away Insects

The aroma in tea can deter insects like ants, mosquitoes and gnats. You can try this for indoor plants and also outdoor plants. Sprinkle the used tea bag ingredients around the base of plants. For outdoor plants, the directions we talked about above with brewing the water will also work to deter insects.

To make this even better, you can use a peppermint green tea or peppermint black tea to enhance this benefit. Peppermint, as we know, is fantastic for insect deterring.

Add To Compost

One of the easiest things to do with leftover tea

bags? Add them to your compost pile! All of the benefits we mentioned above can help and enhance your compost pile and create good bacteria!

How to Use Leftover Tea Bags for Skin

Next up in our epic guide is how to use used tea bags for your skin! All these uses below are also great to use with new tea bags too.

Tea is very beneficial for your skin, and it is a common ingredient in many natural skincare products for this reason.

Used Tea Bags for Eyes

With all the antioxidant activity, caffeine, and minerals in tea bags, it can do wonders for the skin under your eyes! It can lighten dark circles, depuff, help the appearance of fine lines, plus make you feel more awake. Keep a few used tea bags in the fridge, take them out when you are ready to use them, then place them under your eye area. Allow them to sit for about 15-20 minutes to get the benefits!

Used Tea Bags for Acne

You can use either black tea or green tea for this, but green tea will contain more of the catechines we talked about in [this article](#). Green tea will do a few things for acne. It will soothe swelling and inflammation, but it also works as an anti-bacterial. These are all great things for acne.

Take a few leftover green tea bags and brew them in a small pot with about 1 cup of water. Let this liquid cool and add to a spray bottle. Spritz your face after washing it. You can rub it gentle around your face and let it sit for a few minutes, then rinse off. Apply face cream as you normally would.

This is best to use within a few days, store leftovers in refrigerator.

Create a Face Toner

Using the same directions as above with the acne, mix the liquid tea with some witch hazel and apply to your face as a toner after washing. I like to add a few teaspoons of green tea to a few tablespoons of witch hazel. Keep it in a little bottle stored in the fridge, apply it with a cotton ball. This can help reduce redness, irritation, and brighten skin!

Other Fun Things to Do with Used Tea Bags

There are some other household tips for used tea bags!

Carpet Freshener

This is an older post, but it is a great way to use old tea bags. After you finish up with black tea or green tea bags, sit them out and allow to dry completely. You can also cut open the tea bag, sprinkle the contents onto a paper towel, then let it dry. The key to this tip is DRY tea leaves.

Use them in [this great recipe](#) to freshen up your carpets!

Soothe Bug Bites

Remember [this post](#) on homemade remedies for bug bites?? One of the tips in there is tea bags! If you have a used tea bag that is still damp, use it to soothe bug bites! Just place the tea bag directly onto the bite. Let it sit a few minutes for relief.

Soothe Tooth Pain

When I had my wisdom teeth removed at 16, my mom had heard about using tea bags inside your mouth for swelling and pain. She brewed up some tea, then added the used tea bags inside my mouth near the incisions. It was so soothing and really helped relieve the aching pain for a while. We applied used green tea bags for a few days, and it was so helpful! You can try this with any type of tooth pain!

Absorb Odors in Shoes

Make sure you let the leftover tea bags dry out before trying this one. Once tea bag is dry, place it inside shoes to absorb odor. I actually put about two tea bags per shoe, and it works great!

What About Expired Tea Bags?

I am including this section because we have had a few readers asking about expired tea bags. The expiration date is really for freshness. For all the tips above, it is okay to use expired tea bags, but keep in mind, they might not have the full effect.

Don't Forget To SAVE Our Post!

The best thing about these science-based guides, is we are ALWAYS updating it. If I find a new use for an old tea bag, I will add it to this

post. Be sure to pin it or save it for later because we are always finding new ideas for you.

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Short stories that make us think twice about the daily happenings in our lives as we deal with others!

1 **Today**, I interviewed my grandmother for part of a research paper I'm working on for my Psychology class. When I asked her to define success in her own words, she said; "Success is when you look back at your life and the memories make you smile."

2 **Today**, after my 72-hour shift at the fire station, a woman ran up to me at the Grocery Store and gave me a hug. When I tensed up, she realized I didn't recognize her. She let go with tears of joy in her eyes and the most sincere smile and said; "On 9-11-2001, you carried me out of the World Trade Center."

3 **Today**, after I watched my dog get run over by a car, I sat on the side of the road holding him and crying. And just before he died; he licked the tears off my face.

4 **Today**, at 7 AM, I woke up feeling ill but decided I needed the money, so I went to work. At 3 PM I got laid off. On my drive home I got a flat tire. When I went into the trunk for the spare, it was flat too. A man in a BMW pulled over, gave me a ride, we chatted, and then he offered me a job. I start tomorrow.

5 **Today**, as my father, three brothers, and two sisters stood around my mother's hospital bed, my mother uttered her last coherent words before she died. She simply said, "I feel so loved right now. We should have gotten together like this more often."

6 **Today**, I kissed my dad on the forehead as he passed away in a small hospital bed. About 5 seconds after he passed. I realized it was the first time I had given him a kiss since I was a little boy.

7 **Today**, in the cutest voice, my 8-year-old daughter asked me to start recycling. I chuckled and asked, "Why?" She replied, "So you can help me save the planet." I chuckled again and asked, "And why do you want to save the planet?" Because that's where I keep all my stuff," she said.



**OKLAHOMA CITY BASE COMMANDER CHUCK HLADIK IS AWARDED THE
2022 ROBERT LINK NATIONAL COMMANDER'S AWARD
BY DISTRICT COMMANDER ELLIS MOSES**



**2022 ROBERT LINK
NATIONAL COMMANDER'S
AWARD FOR
BASE COMMANDER
CHUCK HLADIK**

Print a copy, complete and mail with your check to the address below:



Event Registration 655 Reunion #12

11-15 October 2023

Hilton Garden Inn Summerville
406 Sigma Drive, Summerville SC 29486
843.832.1304



To Reserve Rooms: call the number above or link to

<https://group.hiltongardeninn.com/y4h1lh>

Reserve Group Rates by referencing either: USS Henry Stimson Reunion OR code UHS

Hotel Reservation Deadline Monday SEPT 11, 2023

Hotel Reservation is the responsibility of the individual.

Reunion Registration Deadline Monday SEPT 11, 2023

[Reunion Web Page](#)

The hotel does not provide a shuttle from the airport. Rental cars, LYFT or Uber are available for you.

Please complete (print legibly), print the form and return along with a check payable to: **Henry L. Stimson Reunion**
Mail to: 655 Reunion Secretary, 102 Greenhurst Ave., Summerville SC 29485 Email: 655webmaster@ssbn655.org

Shipmate Name: _____ Guest Name: _____

Relationship: Spouse Significant Other Family Friend

Street Address: _____ City: _____ State: _____ Zip: _____

Phone: Home: _____ Cell: _____ Work: _____

E-mail: Home: _____ Work: _____

Number who will be attending this event in your group: _____

Patrols on STIMSON: _____ Total # Patrols on all boats: _____

Dates Onboard	Rate	Crew	Dates Onboard	Rate	Crew
_____	_____	_____	_____	_____	_____

Special Needs: _____

Reunions Attended circle: 1999 ND 2001 CT 2003 WA 2005 MO 2007 CT 2009 GA 2011 SC
2013 AL 2016 SC 2018 OK 2021 KY

Event attendance will be through advance payment only.)

I am registering for the following per person (Association Member and all guests):

Registration Fee: (required for all) \$150.00 ea Number: _____ = _____

(This fee includes registration, Saturday banquet, Thursday Welcome Aboard gathering, all hospitality room food & beverages, etc.)

Friday – HL Hunley Tour \$30.00 ea Number: _____ = _____

The Hunley has changed significantly since the 2016 Reunion. Check their website

[THE FRIENDS OF THE HUNLEY](#). Bus transport may be provided for an extra fee.

Please indicate (circle) if you will take the bus if provided: YES NO

Please indicate (circle) if you will provide your own transportation: YES NO

The 2023 Reunion will be a different format. We are allowing those who attend plenty of unscheduled time. Charleston and the Tri-County area offers a host of places to see and things to do so we are going to give you time to enjoy and have fun either as individuals, couples or small groups. On the next page I have listed several places and things to do to make your time here enjoyable. The Eternal Patrol service will be Saturday morning and the Business Meeting will be Saturday afternoon followed by our Banquet. All will be conducted at the hotel.

The Association has established a refund policy for reunion registrations and it is located within our Bylaws in Article V.g. You can view this policy at: <http://ssbn655.org/association/bylaws/1610%20655BylawRev.pdf>

g. Cancellation of reunion registration and the refund of monies paid will be based on the timing of the cancellation. Registration cancelled prior to the reunion registration cutoff date will result in refund of monies paid minus the registration/office fee. For cancellation after the registration cutoff date, there will be no refund of monies paid.

REUNION USE ONLY

Check # _____

Date Rcvd _____

Registration # _____

Hotel Resv: _____

Our 2023 Reunion Venue is located in Summerville SC in a newly built area named Nexton. It is a mixed-use community which includes a combination of dining and shopping, single family homes and apartments/condos. You can check this area out [HERE](#). From fast-food to fine dining, you will be able to find many places to eat...and you can get to them all with either a quick drive or a nice leisurely walk to build up the appetite. Check them out [HERE](#).

Many of you lived in the Summerville area while stationed in Charleston. If you haven't been back in a while, you will have a hard time believing all of the changes to this quaint little town. But the one thing that hasn't changed here is that it still has a quaint feel to it when you are in the downtown area. The website www.visitsummerville.com is loaded with a wealth of information on our little (???) town and what's available. Even being here for a few years (49 to be exact) there are things listed on the site that we haven't taken advantage of yet. Brochures about Summerville are also available at the hotel.

Of course, the Charleston area in general has a plethora (like that word?) of things you can do. Here is a small list with links:

Plantations & Gardens:

- [Magnolia Plantation and Gardens](#)
- [Boone Hall Plantation](#)
- [Middleton Place](#)
- [Drayton Hall](#)
- [Charleston Tea Plantation](#)
- [McLeod Plantation](#)
- [Hampton Plantation](#)
- [Charles Pinckney National Historic Site](#)

[North Charleston Fire Museum](#) & [Tangier Outlet](#):

[Beidler Forest](#)

[Bee City](#)

[Old Navy Base Memorial](#) & [Old Navy Base Riverfront Park](#)

[Cold War Memorial](#) / Stimson Bench

[Patriot's Point/Yorktown](#)

[Fort Sumter & Fort Moultrie](#)

[The Battery & White Point Gardens](#)

[The Charleston Market](#)

Carriage Rides

- [Old South](#)
- [Palmetto](#)