

## FAMILY BINNACLE LIST

NAME	BINNACLE
Debbie Young, wife of Dick, SN(SS) G 69-71, SV	<p><b>6.6.18:</b> Thank you all for your prayers. Debbie went back to work this week!</p> <p><b>5.21.18:</b> Debbie is off the crutches and going back to work next week. Looking forward to OKC.</p> <p><b>4.23.18:</b> Debbie was on the beach while on vacation. A 12 year old boy was thrown into her leg by a wave and she suffered a torn ACL and fracture just above the knee</p>
Carolyn Linhart, wife of Chuck, QM1(SS) G 68-74	<p><b>3.31.16</b> They were unable to insert the J-Tube surgically due to her poor health condition. They put in a "Duo" tube (from nose to intestines) for feeding yesterday. I'm still waiting on the pump to show up. Until the pump arrives I'm feeding her with a large syringe. Prayers are appreciated.</p> <p><b>3.24.16</b> Friends and Family. Please keep the prayers coming. I just took Carolyn back to the hospital in Tucson. She was admitted and they will be placing a new J-tube (feeding tube). The surgery will be tomorrow and all is expected to go well, but prayers are welcome.</p> <p><b>2.9.16</b> My Submarine family: I don't know how to thank you for all you help in the past, but I'm coming to the altar one more time to pray for more help. Medicare is not paying for any of the feed tube needs, so it's all out of pocket. She (Carolyn) got home from the hospital on Jan 25<sup>th</sup> after a 3 week stay. This was her second trip to the hospital for malnutrition. I fear for her and love her with all my soul. Without her I will probably turn into a hermit. I wouldn't know how to function. Friday Feb 12 will be our 33<sup>rd</sup> anniversary. Please read the whole story on the link and if you can find it in your budget to help, I will be forever grateful. Go to this link to better understand Carolyn's situation and to assist if possible: <a href="https://www.gofundme.com/5wb3wtpuw">gofundme.com/5wb3wtpuw</a></p> <p><b>9.3.15</b> I personally want to extend a great big thank you to my fellow submariner family on behalf of me and my wife. Your response has brought this old man to tears. I haven't been on board the Stimson in over 40 years and yet you folks of the submarine force continue to amaze me. Again, any contributions you folks can manage will be sent an email to thank you personally. Sorry I can't come to each of you and shake your hands and thank you in person, but alas my wife will not be able to travel for some time yet. But believe me when I say this...."The Stimson crew (regardless of when you served on her) is truly a family and will remain so long after I am gone". For those that wish they could contribute, but just can't manage, I understand and I am still thankful for your prayers. I truly believe that prayer has brought my wife this far and we still have a long way to go. Again, to my entire Stimson family, Thank You So Much for your help. It will go a long way towards helping us get back on the road to recovery and hope to see more of you in the future. Who knows, maybe we will rub elbows at a reunion.... and other charity organizations). Charles (Chuck) Linhart</p> <p><b>8.2.15</b> Chuck has a request for his wife. Since 2010 Carolyn's health has been steadily deteriorating. This has caused them severe financial difficulties. Chuck has started a GoFundMe page in hopes to pay for the required medical procedures Carolyn has had to have.</p>
Beth Violette Dave Violette MM1(SS) Blue 1973-1976	<p><b>8.4.14</b> Beth completed her radiation treatments last week – all 33 of them. She came through with flying colors and did not experience any really debilitating side effects. Her follow-up visit with the oncologist went well. She is now embarking on her extended period of taking hormone blockers to lessen the probability of any recurrence of the cancer. Assuming she does not experience any severe adverse reaction to the hormone blockers, she now will just go through the next 5 years with periodic visits and routine mammograms. In fact she does not have to get another mammogram until her normal annual checkup. As it has been since her first diagnosis, the news continues to be as good as one could hope for at each and every stage. Thanks to everyone who has kept her in your thoughts and prayers. They really did help bring about this positive outcome. Dave V.</p> <p><b>5.29.14</b> Beth had her follow-up appointment with her oncologist today. The test results they had been waiting on came back showing Beth is in the low risk pool and <u>WILL NOT</u> need to have any chemotherapy! More great news! Her next step is to meet with her doctor who will be doing the radiation treatments. This happens next Wednesday. At this appointment they will go through the preliminaries and set up her treatment schedule. Essentially she will be receiving treatments M-F for 7 weeks. After that round of treatments she will begin hormone blocking treatments, which will be medication for the next 5 years. A long time indeed. But still a very positive outcome because there is an extremely good probability there will be no recurrence of the cancer. So once again everyone's thoughts and prayers are paying significant dividends. If you do get breast cancer then the outcome so far at each of these steps is the most positive results one could hope to receive. Thanks again to all who are helping this happen by keeping Beth in your prayers. Dave</p> <p><b>5.6.14</b> Saw Beth's oncologist this afternoon. News is still good but not exactly what she wanted to hear. The disappointment is no definitive answer yet on whether she'll have chemo. The good news is there is a 2/3 chance she will <u>NOT</u> need any chemo. However, to totally rule out chemo, the doctor wants another test on the</p>

tumor they removed – an onocotype DX test. This one will define her type of cancer cells, how aggressive the cancer cells are, and most importantly it buckets her risk of the cancer recurring into a low, intermediate, or high range. It will take 2 more weeks until the results are back. If it shows her at high risk of recurrence then she will have chemo. Low risk means no chemo. And intermediate risk means an abbreviated type of chemo. She will have radiation and hormone treatment regardless. So, another 2 weeks before we have our next answer. Dave

**4.28.14** Beth heard from her surgeon today and received great news! The tumor he removed was very small, the margins of the tumor were clean, and there were no cancer cells found in the lymph gland he removed! This was the best news we could hope for at this stage. Next week we will meet with the oncologist and are extremely hopeful this visit will be as positive as the last several. Thanks again for all of your thoughts and prayers. Beth's positive results are proof that these work miracles. Dave

**4.24.14** Several weeks ago Beth received bad news from her routine mammogram. Bottom line is she goes in for breast surgery this Wednesday. She'll know more about whether she will need chemotherapy when she sees her oncologist again once the pathology results from her tumor are back in about 2 weeks. Please keep Beth in your thoughts and prayers as she moves through this health challenge. Dave Violette